



SYCAMORE SPRINGS MIDDLE SCHOOL
2023 - 2024
BOYS'/GIRLS' ATHLETIC INFORMATION



sportsYou

- All important information will be sent out via sportsYou. If you haven't joined, please download the app or go to <https://www.sportsyou.com/> and use the following codes.
 - Boy's Access Code - 47M5A286
 - Girl's Access Code - ZVWK87TW

PHYSICALS AND FORMS

- **All 7th & 8th grade athletes** enrolled in athletic classes must have a Sports Physical. The original form should be signed by a doctor, a parent and a student and **turned in to their coach by the first day of school.**
 - **Students are not allowed to try out/practice without a physical.**
 - Sports Physical Form
- Students not enrolled in an athletic class, but want to try out for Cross Country, Track, Tennis, Soccer or Golf, must also have a Sports Physical.
- Online UIL Athletic Forms (Register My Athlete) must be completed before the first game. See information & link at [DSISD website/Athletics Dept/Forms page](#). An email and notification on sportsYou will be sent out when the link goes live. Please complete all sections except the physical & medical history.

ATHLETIC CLOTHING

- Required for all students participating in Athletic Development, Strength & Conditioning, Lifetime Fitness and UIL Athletics. Uniforms are NOT required for Outdoor Education.
- Athletes must purchase at least one athletic t-shirt/shorts set and one sweatshirt/sweatpant set. **Athletic shirts and shorts are required to be worn** during the class period and at practices. On cold weather days, sweats are **required!** Athletes **may not** wear their own personal athletic gear.
- **Pre-Orders Available Prior to June 20, 2023:**
 - To pre-order athletic clothing please click this link:
<https://sycamorespringsmsathletics2023.itemorder.com/shop/home/>
 - All pre-ordered gear will be shipped directly to your house.
 - The store will close on **JUNE 20, 2023.** Please make sure you get your order in before so you have your clothes before the first day of school! You will not receive your items until 4-6 weeks after the pre-order store closes, regardless of when you purchase.

- **Orders Placed June 21, 2023 or After:**
 - Orders can be placed online at the SSMS Athletic Club Booster Store:
<https://www.ssmsathletics.com/shop>
 - Online orders will not be available until sometime after the 1st day of school.
 - Athletic clothing will be delivered to SSMS for your student to pick up at school.
 - Questions? Email: president@ssmsathletics.com
- Proper athletic attire is required in **ALL** athletic classes.

ATHLETIC PERIOD

- Any student wishing to try-out or participate in Football, Volleyball or Basketball must be enrolled in the athletic class period and will be required to try-out in 2 of the 3 sports (Football/Volleyball, Basketball or Track).
- Students do not have to be enrolled in the athletic class period for Cross Country, Track, Tennis, Soccer or Golf, but are encouraged to enroll in Strength and Conditioning Class. These athletes must also have a physical on file and complete Athletic Forms through Register My Athlete.
- Approximate seasons for each sport: Football/Volleyball and Cross Country – August, September and October. Basketball - November, December and January. Track – February and March. Tennis, Soccer and Golf – March, April and May.

STRENGTH AND CONDITIONING

- This is considered an Athletics class and all requirements for athletics still apply.

ALL BOY ATHLETES & FOOTBALL

- **Pad Pickup/Forms Drop-off in the MS Athletic building.**
 - TBD (a notification will be sent out via sportsYou)
- We supply all equipment, but cleats need to be purchased separately.**

Volleyball Tryout Information and Dates

- **Information will be sent out via sportsYou**
Those trying out for volleyball must supply their own knee pads & shoes.
Black spandex may be worn for tryouts, but DS spandex must be purchased for \$30/pair once making a team.

Contact Information for Sycamore Springs Athletics:

Boy's Coordinator: Neal Pilcik (512) 858-3653 neal.pilcik@dsisdtx.us

Girl's Coordinator: Megan Hulett (512) 858-3674 megan.hulett@dsisdtx.us

Syc'em Tigers!! MS Coaches are looking forward to a successful year in 2023-2024!

Please consider joining our SSMS Booster Club!

Helpful information, gear and more can be found at [ssmsathletics.com](https://www.ssmsathletics.com)